

CHILDREN'S UNIT PROGRAM SCHEDULE

TIME	MON	TUES	WED	THURS	FRI	TIME	SAT	SUN
7:30-8:00	Wake Up, Brush Teeth, Get Dressed/Meds							
8:00-8:30	Breakfast					8:00-8:30	Wake Up/Meds	
8:30-9:00	Hygiene (Showers) (MHT)					8:30-9:00	Breakfast	
9:00-9:30	Goals Group (MHT)					9:00-9:30	Hygiene (MHT)	
9:30-10:15	Activity Therapy (AT)					9:30-10:15	Activity Therapy (AT)	
10:15-11:00	Process Group (CM)					10:15-10:45	Free Play (MHT)	
11:00-12:00	Topic Group (MHT) Learning Emotions (puppet show/ role play)	Topic Group (MHT) Coping Skills (posters, coping skills bank)	Topic Group (MHT) Boundaries	Topic Group (MHT) Stinkin Thinkin	Topic Group (MHT) Fun Friday (skits for staff older kids)	10:45-11:30	Topic Group (MHT) Forgiveness	Topic Group (MHT) Relaxation
12:00-12:30	Lunch					12:00-12:30	Lunch	
12:30-1:30	Relaxation/Quiet Time (MHT)					12:30-1:00	Relaxation (MHT)	
1:30-3:30	School					1:15-2:00	Therapy Group (CM)	
3:30-4:15	Life Skills Group (CM)					2:15-3:30	Social Skills Outside Play (MHT)	
4:15-5:00	Activity Group (AT)					3:30-4:15	Life Skills Group (MHT)	
5:00-5:30	Dinner					4:15-5:00	Activity Group (AT)	
5:30-6:30	Phone time/ Point Review					5:00-5:30	Dinner	
6:30-7:30	Visitation					5:30-6:30	Phone Time/Hygiene Relaxation	
7:30-7:45	Wrap-Up Group (MHT)	Wrap-Up Group (MHT)	Wrap-Up Group (MHT)	Wrap-Up Group (MHT)	Wrap-Up Group (MHT)	6:30-7:30	Visitation	
7:45-8:30	Cash in Points					7:30-7:45	Wrap-up Group (MHT)	Wrap-up Group (MHT)
8:30	Bedtime					7:45-8:30	Cash in Points	