

**ADULT UNIT PROGRAM SCHEDULE**

TIME	MON	TUES	WED	THURS	FRI	TIME	SAT	SUN
6:30-7:00	Patio					6:30-7:00	Patio	
7:00-8:30	Prepare for Day (Brush teeth, shower, comb hair, get dressed)					7:00-8:00	Prepare for Day	
8:30-9:00	Breakfast					8:00-8:30	Breakfast	
9:00-9:30	Meds/Patio time					8:30-9:00	Goals Group (MHT)	
9:30-10:00	Meds cont/Orientation Group(MHT)					9:00-9:45	Meds/Patio	
10:00-10:15	Patio					9:45-10:45	Process Group (CM)	
10:30-11:30	Process Group (In pods C CM)							
11:30-11:45	Patio time					10:45-11:00	Patio	
11:45-12:30	Level Work (MHT)					11:00-12:00	Coping Ed (MHT)	
12:30-1:00	Lunch					12:00-12:30	Patio	
1:00-1:30	Patio time/ Phone time					12:30-1:00	Lunch	
1:30-2:15	Activities (AT)					1:00-1:30	Patio/ Telephone	
2:15-2:30	Patio Time					1:30-2:15	Activities Group (AT)	
						2:15-3:00	Skills Group (CM)	Level Work
2:30-3:15	Skills Group (CM)	Skills Group (CM)	Skills Group (CM)	Skills Group (CM)	Skills Group (CM)	3:00-4:00	Visitation	
3:15-3:30	Orientation Group (MHT)					4:00-4:15	Patio	
	Patio time							
4:00-4:30	Spirituality (pod C) or Journal Assignments (pod A)			Nursing Group on Thursday		4:15-5:00	Coping Ed (MHT)	
4:30-5:15	Activities (AT)					5:00-5:30	Personal Time/Phone/ Patio/Walk	
5:30-6:00	Dinner					5:30-6:00	Dinner	
6:00-6:15	Patio time					6:00-6:15	Patio	
6:15-7:00	Wrap-up (MHT)					6:15-8:00	Therapeutic Movie (MHT)	
7:30-8:30	Vistation (if level 2)	Phone time	Visitation (if level 2)/ Phone	Phone time	Phone time			
8:30-8:45	Patio time					8:00-8:30	Patio	
8:45-9:45	Phone/Meds/Journaling					8:30-9:00	Wrap-Up Group (MHT)	
9:45-10:00	Patio time/ Get ready for bed					10:30-11:30	Get ready for bed	
11:00	Lights Out					12:00	Lights out	